

Jamell White, Ph.D., LCSW-C and Caron Starobin, LCSW-C

MoCoPEERS® Teen Group

Social Skills Group for Teens (ages 11-17) with Autism Spectrum Disorder (Asperger's Syndrome, HF Autism) or Social Communication Challenges



This evidenced-based, 14- week social skills group will help teens learn relationship skills, improve their abilities with making and keeping friends, expand their social networks, and prepare for life after high school.

Teen and Parent groups will occur simultaneously

Teens will learn how to:

- Start and maintain a conversation
- Plan and follow through to connect with peers
- Find a source of friends
- Use humor appropriately
- Enter and exit group conversations
- Handle disagreements
- Manage rejection
- Manage rumors and gossip
- Plan get-togethers

Parents will learn:

- How to be an effective social coach for your teen
- What “ecologically valid” social skills means
- Ways to expand your teen’s social network
- How to provide appropriate encouragement, support, and feedback to your teen
- Support from other parents

TO REGISTER OR FOR MORE INFORMATION CONTACT:

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